# The Montyille Community Booklet

Summer 2025





CONTROL FACILY

# Shout out: Proud to be Montville's home for community banking.





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# **MAYOR'S CORNER**



The Mayor's Office is excited to announce the upcoming launch of the new Town of Montville, CT APP! It's an all-in-one guide to everything happening in our town. Whether you are looking for local events, business updates, or community news, the Montville app will have it all! Providing easy access to town services, up-to-date announcements

and interactive features, it will help anyone easily stay connected to our community. Key features will include: An Events Calendar, Department specific information, A Local Business Directory, Town Announcements, Emergency

Alerts, Interactive Maps and Direct Communication; all at your fingertips. Please stay tuned!

Have a safe & fun summer season! Mayor Leonard (Lenny) Bunnell, Sr.



# **DIRECTOR'S WELCOME**



Summer days are almost here! We have a great list of program offerings and events for you to take advantage of in the coming months. Our Mother's Day craft event kicks things off followed by our Montville carnival June 20-22 with games, food, music and Saturday night fireworks, Thursday night concerts and a movie night under the stars.

I hope you can join us for some of the fun we have planned for you.

Pete Bushway, CPRP - Director

# **MONTVILLE COMMUNITY BULLETIN BOARD**

# SUMMER CONCERTS

Montville Parks & Recreation hosting five outdoor summer concerts. All concerts will be at the Large Pavilion located at 75 Oxoboxo Dam Road from 6-8pm Thursday nights.

> July 10 Branded Band July 17 George Holmes July 24 Burden of Proof July 31 F & Blues

August 7 Pink Row Rockers August 14 Glaucoma Suspect August 21 Groove Grove August 28th Heartland

Come and enjoy the free music. Bring a chair or blanket, friends and family Food vendors will be on site. Plenty of parking. Check inside the booklet for more information.

# FREE OUTDOOR SATURDAY MOVIE NIGHT

#### August 9th - Approximately 8:20 pm

The family friendly movie will be shown on the football field at Camp Oakdale at 176 Meetinghouse Lane. Free popcorn will be available. Bring your own chair or blanket. Movie to be determined, check our newsletter in June for information.





# **MONTVILLE PARKS AND RECREATION**

### **IMPORTANT CONTACT INFORMATION**

Montville Parks & Recreation Department 310 Norwich - New London Tpke. Uncasville, CT 06382 (860) 848-6780 Fax: (860) 848-8703

#### **REGISTRATION INFORMATION**

Register for all Parks & Recreation programs at our office located at the above address. Office hours are 8:00 am – 4:30 pm. Payment is due upon registration. Checks can be made payable to Montville Parks & Recreation. Register in person, online or by mail; receipts will be mailed promptly. Program and registration information can be located on Town's website at www.townofmontville.org. Simply go to Departments & Services, "Parks & Recreation", and then WebTrac icon for all program information.

**Refunds:** Full refunds will be given for any program canceled by the Recreation Department. Participants withdrawing from a program are entitled to a one hundred percent (100%) refund if canceled prior to the first meeting of each program. A refund of fifty percent (50%) of the program fee will be given after the first meeting of the program. The Parks & Recreation Director, at his discretion, may arrange for other refund options on a case-by-case basis.

**Over/Under Enrollment Policy:** Programs have a minimum and maximum enrollment. If the class does not reach the minimum size required, the class will be canceled. A waiting list may be established for fully enrolled programs. One week prior to the start of a class is when it is determined whether to cancel a class or not. Please don't wait until the last minute to register.

\***Disclaimer** – All program dates and times are subject to change due to instructors and Parks & Recreation schedule.

**Photo Policy:** Photographs taken of any participant in the Montville Parks & Recreation Department programs or activities may be used for publication or advertising materials such as Facebook and print media. Any participant not wishing to have a photograph of them used must submit in writing not to be photographed at the time of registration.

#### CAMP OAKDALE PAVILIONS AND FAIR OAKS RENTALS

Have your next get together at one of our facilities. These are great places to hold your event. Contact the Parks & Recreation office for availability and fees.



#### WEATHER CANCELLATIONS

In case of inclement weather, cancellations will be posted on our Facebook page, aired on Channel 3 and several local radio stations, you can also call the office at (860) 848-6780 during office hours.

#### **DEPARTMENT STAFF:**

Parks and Recreation Director – Peter Bushway Ext. 721 Administrative Assistant – Eva Aller Ext. 722

#### Parks & Recreation Commission Members

Rocky Stone – Chair William Barlow – Vice Chair Morgan Matthewson – Secretary Matthew Beaupre – Member Jon Chase – Member Noah Carver – Member John Plikus – Member Deborah Schober – Member Mary Hillman – Member Kate Southard – Town Council Liaison

The Parks & Recreation Commission meets the 3rd Wednesday of each month at 6:30 PM in Council Chambers at the Montville Town Hall. Notification will be posted if there is a change in meeting location or time. All meetings are open to the public.

#### Other Program Opportunities:

Little League ......www.montvillellb.org Youth Football .....montvillefootball.com Youth Cheerleading .....montvillefootball.com Montville Youth Soccer.....www.montvillesoccer.org Montville Youth Lacrosse...montvillelacrosse.org

#### **MONTVILLE POLICE DEPARTMENT**

(Non-Emergency)	(860) 848-7510
Raymond Hill Library	. (860) 848-9943
Montville Public Works	(860) 848-7473
Montville Town Hall	(860) 848-3030
www.townofmontville.org	
Montville Animal Control	. (860) 848-3529
Transfer Station	(860) 848-0401

YOUR HEALTHY OPTIONS FROM FARM TO FORK

# MONTVILLE FARMERS MARKET



Revamped for a more fruitful season!

Tuesdays 4-7pm June 24th-Oct 7th 75 Oxoboxo Dam Rd Oakdale CT 06370

Check us out at www.montvillectfarmersmarket.com

Montville Farmers Market-It'll grow on you! 😔

#### Summer Camp 2025 Limited space available.



Seven Weeks June 23rd – Aug 8th Register for all the weeks you need!

#### LOCATION: Tyl Middle School

#### Summer Camp Montville Residents Only Registration opens Tuesday, May 13th

Registrations will be accepted 8 am – 4 pm beginning May 13<sup>th</sup>, at the Montville Parks & Recreation office or you can mail, stop in or register online. A receipt will be mail to you promptly. Camp is offered to MONTVILLE RESIDENTS ONLY! Camp ages are boys and girls ages 5 – 12. Children must be five years old before starting camp. A birth certificate will be required as proof of age. Camp is held every Monday through Friday from 8am – 4pm. The fee for camp is \$75 per week per child. Fees must be paid in full at time of registration. Come every day or only on the days you want. We accept cash, checks, debit/credit cards or money orders as form of payment.

**Camp will not be held on Friday July 4<sup>th</sup>** in observance of the Independence Day Holiday. Field trips are offered for additional fees. If registering for any field trips the coinciding week (s) must be paid for otherwise the trip (s) will be removed from your household.

The free breakfast and lunch program grant the school provided has expired. In order to continue to offer this benefit, 50% of the campers have to qualify for free or reduced meals. Please fill out the school's form at our office or request it through email and return to our office. We will keep you posted as to whether the camp qualifies prior to the start of camp. There is no refrigeration for lunches. Water, juice and ice cream are available for purchase each day for \$1.25

# Age groups fill up fast so don't delay in registering your child.

#### **Camp Bus Schedule**

Schedules for each pick-up and drop-off site are below. There is no fee for bus rides to and from summer camp

#### Times are approximate.

Mohegan/Palmer Schools pick up site: Picks up at Mohegan at 7:30am then to Palmer at 7:45am Returns to Palmer at 3:50pm then to Mohegan at 4:05pm

#### Murphy/Oakdale Schools pick up site:

Picks up at Murphy at 8:05am then to Oakdale at 8:10am Returns to Murphy at 4:35pm then to Oakdale at 4:40pm

#### TENTATIVE WEEKLY CAMP AT A GLANCE

- Week 1 <u>Friendship Week</u> Stuff an Animal 5-12 year olds
- Week 2 <u>Holiday Week</u> Trip: Bowling 5-12 yr olds
- Week 3 <u>Sports Mania Week</u> Trip: CT Sun game 9-12 yr olds Supercharge Trampoline Park 5-12 yr olds
- Week 4 <u>Super Hero Week</u> Trip: Sea Unicorns game 9-12 yr olds Chuck E. Cheese trip 5-12 yr olds
- Week 5 <u>Wet and Wild Week</u> Trip: Ocean Beach 5-12 yr olds
- Week 6 <u>Buckaneer Week</u> Talent Show: August 1st Trip: Movie 5-12 yr olds Talent Show Friday afternoon
- Week 7 <u>Carnival Week</u> Carnival Day: August 8<sup>th</sup>

If registering for any field trips the coinciding week (s) must be paid for otherwise the trip (s) will be removed from your household. Wait list will require payment up front and if your child isn't able to go on the trip, the fee is refunded.

Montville Parks & Recreation Department

#### **Montville Parks & Recreation**

310 Norwich-New London Tpke. Uncasville, CT 06382 Phone (860)848-6780

#### SUMMER CAMP PROGRAM 2024

#### Registration Opens Tuesday, May 13th (Montville Residents Only)

#### June 23th – August 8th

This program is open to children ages 5 through 12. Camp hours are 8am to 4pm. Camp will not be held on Friday, July 4th in observance of the Independence Day Holiday. Transportation will be provided from some town schools to camp.

The fee for Summer Camp is \$75 per week/per child – Holiday week \$60 per child Registrations are limited and will be filled on a first come first paid basis.

The Town of Montville or any other Town Agencies are not held responsible for personal injury or property loss.

			M/F
Name of Child – Please Print	Date of Birth	Age	Circle One
Address (St	reet, City, State & Zip)		
Home Telephone Number	Cell Phone	e Number (s)	
1	2		
Please List the Emergency Phone Numbers and Contact Name during camp hours for pick up.	s of <i>AT LEAST TWO PEOPLE</i> (can be pa	arents) who may	be reached
Are there any health or behavioral problems or conditions w	e should know about?		
LIABI	LITY RELEASE		
In signing this release, I understand that I assume all respon above mentioned program. Release must be signed by paren Department reserves the right to cancel the program for the	t or guardian. In the event of inclement		
Signature of Parent/Guardian		Date	;
Summe	<u>r Camp Schedule</u>		
Please check off the correct week (s) and trip (s) tha and enter the correct amount due in the Total En			
CAMP WEEKS	<u>TRIPS</u>		
Can only register for field trip(s), th	e weeks your child is attending camp Total Enclosed \$		
Week One 6/24 – 6/28 Code # 315018O (\$75)			
Camp/Week Two 7/1 –7/3 Code #315018P (\$60)	Build Stuff Animal #316011C	Ages 5-12-Julie	20 \$20
Camp/Week Three 7/8 – 7/12 Code #315018Q (\$75)	Bowling #316011A Ages 5-12	2 – July 3	\$15
•	Ct Sun Game #316011B Ages 9	<b>9-12</b> − July 9	\$16
Camp/Week Four 7/15 – 7/19 Code #315018R (\$75)	Chuck E Cheese 316011D Ages	<b>5-8</b> – July 15	\$13
Camp/Week Five 7/22 – 7/26 Code #315018S (\$75)	_	-	
Camp/Week Six 8/29 – 8/2 Code #315018T (\$75)	Sea Unicorn game #316011E A	.ges 9-12 – July	16 \$15
Camp/Week Seven 8/5– 8/9 Code #315018U (\$75)	Ocean Beach #316011F Ages 5	<b>-12</b> – July 18	\$10
	Movie #316011H Ages 5-12 –	August 1	\$20
	SuperCharged Trampoline Park Ages 5-12 – August 6	#316011I	\$22

#### Camp Dismissal Form

Childs Name	
Parent/Guardian Signature	ssal policy set by the Montville Parks & Recreation Department.
By signing this form, I agree to the dismi	ssal policy set by the Montville Parks & Recreation Department.
	al for your child. This needs to remain consistent for the entire mer camp program. It cannot change daily.
Parent Pick-up	(Please check here)
Bus Transportation	(Please check here) (Please circle below which bus child will use)
Mohegan/P	almer Bus or Murphy/Oakdale Bus
	er at 7:45am – Returns to Palmer at 3:50pm then to Mohegan at 4:05pm ale at 8:10am - Returns to Murphy at 4:35pm then to Oakdale at 4:40pm
	(Times are approximate)
Please list a home or ce	individuals that have permission to pick-up your child. Il phone also, ID is required for all names on the list. leased to anyone other than the names on the list.
1	
n	
2	
3	
4	
5	

#### YOU MUST MAIL THIS FORM TO OUR OFFICE AT 310 NORWICH-NEW LONDON TPKE.UNCASVILLE, CT 06382 OR EMAIL TO ealler@montville-ct.org

## **Mark Your Calendars**



## Montville Carnival June 20-22 At the Montville Community Center

836 Old Colchester Road Admission and parking are free. New rides, games, food, entertainment and fun Friday 5-10 pm Saturday 12 -10 pm Sunday 12-5 pm

#### \$35 all you can ride bracelets

Friday 5- 10pm Saturday 4-10pm Sunday 5-10pm \$30 bracelets Sunday only when you donate a non-perishable food item per person on

# Fireworks on Saturday night approximately 9:30 pm

Lots of food vendors, petting zoo, pony and horse rides, climbing wall Be part of our largest our largest event of the year! Look for more information coming on our Facebook page as we get closer to the carnival dates.

# **COMMUNITY TAG SALE EVENT**

Montville Parks & Recreation will hold a Community Tag Sale event on Saturday, June 7th (rain date, June 8th) from 9:00am to 1:00pm in the Montville Community Center parking lot. Set up will begin at 8:00am. Rental fee is \$20.00 for each space (two parking spaces).

Register for as many spaces as needed. Be sure to include total number of spaces required.

#### No early birds!

**PRE-REGISTRATION IS REQUIRED.** This event is intended for participants that would like to have their own tag sale; however, just do not have the space or good location. The tag sale will be advertised locally, so be ready for bargain hunters! For more information, please contact the Parks & Recreation Dept. at 860-848-6780 or email.

Date: June 7th Time: 9 -1 pm set up at 8 am Location: Montville Community Center Fee: \$20 per 20 x 20 space Minimum Number/10 Maximum Number/30 Program Code: # 366021









# Free Summer Concert Series 6:00– 8:00 pm

# Large Pavilion at 75 Oxoboxo Dam Road

July 10th Branded Band

July 17th George Holmes Band

July 24th Burden of Proof

July 31st F & Blues Band

August 7th Pink Row Rockers

August 14th Glaucoma Suspect





August 21st Groove Grove

August 28th Heartland

Enjoy all of the local bands as they entertain you with a variety of music. Food trucks will be on site for those with an appetite. Bring your friends and family for a great time. Thank you to our featured sponsors:





# Montville Parks & Recreation Department DANCE CAMP 2025

## Lana Davison - Instructor

Held at Fair Oaks Community Center 836 Old Colchester Road, Oakdale

#### CAMP FEE - Residents/\$100 per week | Non-Residents/\$110 per week Camp Hours - 9am - 12pm (Monday - Thursday)

Camp - Week of July 14<sup>th</sup> - 17<sup>th</sup> Program #220611H (Ages 7-9 years old) This camp will cover Ballet, Tap, Jazz, Hip Hop, Lyrical and Theater Dance Dancers will perform on the last day of camp

**Camp - Week of July 21**<sup>st</sup> **- 24**<sup>th</sup> **Program #220611G (Ages 4-6 years old)** This camp will cover Ballet, Tap, Jazz and Hip Hop Dancers will perform on the last day of camp

Camp - Week of July 28<sup>th</sup> - July 31<sup>st</sup> Program #2206111 (Ages 10-12) This camp will cover Ballet, Tap, Jazz, Hip Hop, Lyrical and Musical Theater Dance Dancers will also do some of their own choreography Dancers will perform on the last day of camp

Camp - Week of Aug 4<sup>th</sup> - 7<sup>th</sup> Program #220611J (Ages 13 & Up years old) This camp will cover Ballet, Tap, Jazz, Hip Hop, Lyrical and Musical Theater Dance Dancers will also do some of their own choreography Dancers will perform on the last day of camp Each dancer will need to provide their own ballet and tap shoes for camp. Comfortable clothes can be worn for camp. Hair should be worn up in a ponytail; short hair in headband or barrettes.

Groups will eat snacks and go outside to the playground for breaks. Please bring snacks and a water bottle with you to class daily.

There is a minimum of six dancers for each camp week required.

You can register online at WEBTRAC on the Parks & Recreation website or call (860) 848-6780

**Registration opens -**

Tuesday, May 6<sup>th</sup> for Residents

Friday, May 9<sup>th</sup> for Non-residents





# **MONTVILLE POLICE DEPARTMENT**

WILFRED J. BLANCHETTE III #01 CHIEF OF POLICE

The Police K-9 program has played a vital role in law enforcement for over a century, serving as a critical tool in crime prevention, public safety and officer protection. Police dogs are used for a variety of tasks, including patrol and handler protection, detection work to include narcotics, explosives, accelerants, firearms, electronic devices and also for search and rescue operations.

Police dogs and their handlers undergo rigorous training, and the dogs are selected to serve based upon intelligence, obedience and work ethic. Handlers form close bonds with their K-9 Partners. Montville first began using Police Dogs in 2014. Below is a history of our program!

### **DETECTIVE ADDISON SAFFIOTI & K-9 MOLLY**

K-9 Molly was born April 30, 2012. K-9 Molly was purchased from the Guiding Eyes for the Blind after an anonymous citizen generously donated the funds to pay for the purchase. K-9 Molly was then given to her handler, Officer Addison Saffioti around June 2014. K-9 Molly successfully completed her certification training to become a narcotic detection K-9 and had the ability to detect Heroin, Cocaine, Crack Cocaine, Methamphetamine, Ecstasy, Marijuana and Anabolic Steroids. K-9 Molly also learned

to detect drugs in various locations such as vehicles, homes, luggage, packages, self-storage units and on people. During her career with Officer Saffioti the team handled approximately 500 searches for the town of Montville and other surrounding towns. K-9 Molly has assisted the FBI and various entities with searches

for illegal drugs. K-9 Molly retired around November 2022 and lives a comfortable life with her handler, now Detective Saffioti.







### **OFFICER STEPHEN FAZZINO & K-9 GAGE**

K-9 Gage is a 5-year-old yellow Labrador Retriever trained for narcotics detection. K-9 Gage is handled by Officer Stephen Fazzino of the Montville Police Department. K-9 Gage joined the Montville Police Department in February of 2022 after a twelve-week training with the Connecticut State Police K-9 Unit. K-9 Gage is trained to detect Cocaine, Crack Cocaine, Heroin, MDMA, and Narcotic Tainted Currency. While at the Montville Police Department K-9 Gage has successfully located illegal narcotics 95 times in the field! K-9 Gage has also assisted in the seizure of over \$180,000 cash in illegal narcotics proceeds.

### **OFFICER BAYRON MORA & K-9 GUNNER**

K-9 Gunner is a two-year-old male German Shepherd, assigned to Officer Mora. K-9 Gunner and Officer Mora are currently attending the Connecticut State Police K-9 Academy. Following completion of the academy Gunner will be certified in tracking (man-trailing), evidence recovery, and handler protection.





The Montville Police Department K-9 program remains an essential part of the services that we provide to enhance public safety for our community. For more information about our K-9 program or upcoming public demonstrations, please contact us at (860) 848-7510.

# OFFICER DANIEL WITTS & K-9 BARRETT

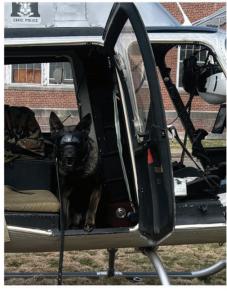
K-9 Barrett was a German Shepherd assigned as a patrol dog and cross trained as a narcotic detection dog. Officer Witts and K-9 Barrett graduated from the Connecticut State Police Patrol Dog School in 2018. During their tour of duty, the team had 103 successful deployments for locating narcotics, firearms, wanted suspects and missing individuals.



In May of 2020 while in the performance of duty, K-9 Barrett was exposed to fentanyl and was the third police working dog in the nation to be saved by Narcan. On 12/11/2021 at 0520 hours, Troop E Troopers were dispatched to the intersection of Routes 12 and 2A in Preston for the report of a 1 car motor vehicle accident in which the operator fled on foot. A witness called to report that a male got out of the driver seat of a grey Nissan Altima and ran into the woods, holding what appeared to be a black handgun in his hand. Hearing the broadcast of a possible gun, Montville Officer Daniel Witts responded with K-9 Barrett. Officer Witts arrived on-scene and while exiting his cruiser, observed involved operator take a twohanded shooting stance and point a firearm directly at him. Officer Witts immediately drew his assigned duty pistol and pointed it at the male, giving him commands to drop the gun. The male turned and fled into the woods. Officer Witts released K-9 Barrett at this time, and K-9 Barrett immediately began to chase the fleeing suspect. Approximately 150 yards into the woods, K-9 Barrett engaged the suspect as trained, biting him in the leg. The suspect then began to punch K-9 Barrett in the head and mouth area and attempted to gouge the dog's eyes out. Officer Witts caught up to the suspect and deployed his department issued Taser to prevent any further injury to the fleeing suspect or K-9 Barrett. A violent struggle ensued between Officer Witts and the suspect, and he was eventually taken into custody. Once the suspect was taken into custody, it was determined that he was a convicted felon, listed on the Deadly Weapon Offender Registry. A high-capacity Glock magazine was located in the vehicle. A subsequent search of the area with the assistance of two State Police Firearms Certified K-9 teams was undertaken and two stolen firearms were located within close proximity to the scene of the arrest. Unfortunately, as a result of being assaulted by this Armed felon, K-9 Barrett began experiencing seizures which were diagnosed as a brain bleed. K-9 Barrett was placed on large doses of medications to control the bleeding; however, the prognosis had worsened. On 06/01/2023, K-9 Barrett was humanely euthanized, surrounded by his family.

K-9 Barrett was an integral member of the Montville Police Department, and his absence is noticed daily. As a Line of Duty Death, K-9 Barrett's name was added to the National Law Enforcement Memorial in Washington DC in May of 2024. To further honor this hero Police K-9, the Montville Town Council chose the name of the new Montville Animal Control Facility as

'The K-9 Barrett Memorial Animal Control Facility."





## OFFICER DANIEL WITTS & K-9 SIG

K-9 Sig is a three-year-old male German Shepherd, assigned to Officer Witts. He has been certified as a patrol canine by the Connecticut State Police since December of 2023. He has been trained and certified in all aspects of tracking (man-trailing), evidence recovery, and handler protection. In March of 2025, K-9 Sig was certified in Firearm Detection by the Connecticut State Police.







#### **MONTVILLE TOWN CLERK**

2025 LICENSES ARE ISSUED JUNE 1 – JUNE 30 BY MAIL OR IN PERSON Renewal reminders are mailed in late May.

In the State of Connecticut, it is the law to license your dog in the Town Clerk's Office of the Town you live in once the dog has reached 6 months of age. A current rabies certificate and proof if the dog is spayed or neutered is required. After June 30, there will be an additional charge of \$1.00 per month if a dog over 6 months of age is not licensed. If you have just moved into town or acquired a new dog you are required to register the dog even if it is not June, late fees will be waived.

Registration Fees: Spayed Female / Neutered Male: \$8.00 Female / Male: \$19.00 \$1.00 per month late fee if registered after June 30<sup>th</sup> Please call if you no longer have your dog so we can update our files.



- Make checks payable to: MONTVILLE TOWN CLERK
- Enclose a self-addressed stamped envelope for mailing of tag & license.
- Enclose the renewal notice.
- Enclose proof of rabies vaccination (NOT THE TAG). (Required only if reminder notice indicates the rabies certificate has EXPIRED.)
- Enclose Certificate of Spaying/Neutering if the reminder does NOT indicate S or N.
- Mail to: Montville Town Clerk, 310 Norwich-New London Tpke., Uncasville, CT 06382

#### Questions: Email KHaring@montville-ct.org or call 860-848-6784 Katie Haring, MCTC, CMC, Montville Town Clerk

## MONTVILLE SENIOR & SOCIAL SERVICES DEPARTMENT

Dear Montville Community Friends,



I am very excited for the warm weather and the start of our summertime fun, along with all of the new programs, activities, and events we have coming up! If you are a Montville senior, come down and see all we have to offer! We have a variety of programs and are always adding

more! Please watch for our monthly newsletter, come check the bulletin board, or give us a call! All of our special Senior Center events will be highlighted and listed along with our on-going classes and activities. You can always just stop in and ask for updates on all we have to offer. We have one of the best Senior Centers around because we have some of the best seniors in Town!

Our Social Services Building houses our very busy food bank, clothing bank, hygiene bank and pet food bank. We also offer many other services and assistance for our Montville residents in need. Watch for our quarterly programs (cooking with Food Bank staples from Chef Tom, 10 Stages of Grief from our Mental Health Clinician Michelle, and more) Please call or stop in to see Jen (she is truly an asset to my Department and our Town!) and ask about other services we may be able to provide. Please call #860-848-8820.

#### Sincerely,

Kathleen Doherty-Peck, MS Director of Senior & Social Services Montville Senior Center

#### Senior & Social Services Staff

Kathleen Doherty-Peck - Director Ruth Massey-Abruzzo - Asst. Senior & Social Srvs Jen Adams - Social Services Specialist Kenny Hillhouse - Bus Driver Tom Gilson - Kitchen Server John Spinnato - MedRIDE I Driver Doug Corb - MedRIDE I Driver Harry Mars - MedRIDE II Driver

## SENIOR CENTER / SERVICES & PROGRAMS

#### **NEW PROGRAMS**

#### COOKIE, CAKE, CUPCAKE DECORATING CLASS

Come join us for an exciting new monthly program – decorating desserts! Second Wednesday of each month at 1:00 PM – join us as professional cake decorator Irene shows us how to decorate! We will decorate cookies, cupcakes and cakes – you can even bring in your own for a special occasion and decorate! Call for details and to sign up for this new and exciting class!

#### **MONTHLY CRAFTS**

Come have some fun with different craft classes – FREE! Come join Cathy as she teaches different craft projects that you will learn to do and take home at the end of each class. Pottery painting, presses Nature Picture Crafts, Ornaments and more! Watch the monthly newsletter for the Craft Class of the month and come and have some fun! Must sign up in front office as space is limited and materials need to be purchased.

#### MONTHLY / BI-MONTHLY EDUCATIONAL PROGRAMS

Please watch the newsletter for dates and times of the new monthly / bi-monthly educational and informative lectures and presentations. Topics include: historical, different birds (aquatic, backyard, owls) local, and more.

Continued on page 19

# **UPCOMING COMMUNITY EVENTS**

Sunday, September 7th <u>ANNUAL COLOR RUN</u> & <u>MONTVILLE RACE DAY</u> 10K, MASTERS 5K & COLOR RUN

SPONSORED BY: THE MONTVILLE ROTARY, MONTVILLE REC AND THE MONTVILLE SENIOR & SOCIAL SERVICES

\$25 registration fee for 5K, 10K, Masters. (\$45 combinded 5K & 10K) Color Run is Free. Timed / Certified Course

#### HOT DOG STATION FREE FREE FREE FREE FREE

for all runners and spectators – donations accepted. All donations go back into our community through Rotary Projects and Montville Social Services Veterans Fund.





#### AARP 55-ALIVE DRIVING COURSE

WILL be held at the Montville Senior Center on Tuesday, May 6th 12:00 – 4:00 PM. Cost is \$20 for members of AARP and \$25 for non-members. Seating is limited, please sign up today. AARP 55-Alive Driving course is a refresher course for seniors and you receive a certificate to present to your auto insurance to receive a discount! Great program, great savings! Don't miss out!

#### <u>MONTVILLE SENIOR CENTER</u> <u>COMMUNITY GARDENS</u>

The Montville Senior Center has a Community Garden behind the Center. The Senior Center Garden Committee and Director oversee the program. Garden beds are

available for those in our community who would like to purchase and maintain a garden. The garden space will allow you a chance to do gardening and supplement your household grocery budget with healthy food. Many who live in apartments, elderly housing or community living are unable to do this. Many find it easier to tend to a garden in the community setting. There are still many others who enjoy the gardening experience and would like to contribute to the community in need. The garden space will allow you a chance to do gardening and supplement your household grocery budget with healthy food. It will also be a chance to allow you to give back to the community. We encourage businesses, church groups, non-profits and other social groups to adopt a community garden and donate the harvest to the food bank to provide healthy food for those who need it the most. Gardens are available for \$10.00 per year and 1/4 of harvest, which is to be donated to the Montville Social Services Office. If you have a green thumb, or even if you don't but would like to have fun in a garden of your own, call Kathie @ 860-848-0422 at the Center for details, rules and registration, and "purchase" your very own garden.

#### <u>Annual</u>

MICHAEL C. DOHERTY SR.

## VETERANS FUNDRAISER EVENT

#### Saturday, October 28th 10:00 am - 2:00 pm



SENIOR CENTER PARKING LOT! (PARKING IS AT TOWN HALL) 12 Maple Avenue, Uncasville, CT 06382

#### LIVE BANDS, FOOD TRUCKS, BOUNCE HOUSE, COTTON CANDY & SNOW CONE MACHING, RAFFLES, GAMES & MORE

WE WILL HAVE COLLECTION AREAS SET UP TO ACCEPT DONATIONS, SELL T-SHIRTS & RAFFLES WITH ALL FUNDS GOING TO OUR <u>MONTVILLE</u> <u>VETERANS FUND</u> – 100% OF FUNDS ARE USED TO HELP LOCAL VETERANS IN NEED! WATCH FOR DETAILS!



This event is weather permitting, decision on event will be made the day prior for ample notice.

#### PLEASE WATCH:

Watch for details on some of our other special programs and activities coming up: floral Arrangements, Fondue Afternoon, Tea Party & more!

#### **SPECIAL PROGRAMS**

#### • OLDER AMERICANS MONTH LUNCHEON & CELEBRATION Friday, May 30th 1:00 PM

"SINCE 1963, THE NATION HAS COME TOGETHER TO CELEBRATE AND HONOR ITS OLDEST CITIZENS EVERY MAY. A TIME TO RECOGNIZE THE VAST CONTRIBUTIONS OLDER AMERICANS HAVE MADE TO OUR SOCIETY" Come and join us in your HONOR! We celebrate

"YOU" during Older Americans Month for all of the contributions you have made to our country, our community, and our lives. Please join us for a wonderful afternoon with a delicious lunch, ceremony, raffles & more! Please call or sign up on the bulletin board if you plan to attend! Bus is available. Please sign up on bulletin board.

#### • VIRTUAL "REAL TIME" TOURS & Cuisine FREE

Join us on our bi-monthly VIRTUAL tours which allows us to visit varies areas of the world and taste a bit of the culture! Virtual tours are a wonderful way to see other countries, as well as many of the sights in our own country, we might not ever get the chance to visit and ask questions from our "real time" guide of the beautiful countries we are visiting! Please watch the monthly newsletter for our next virtual tour!

#### • CHRISTMAS IN JULY

Please join us for a new event to help our Montville families and children with our Holiday Basket Program. Christmas In July is a TOY DRIVE FUNDRAISER where we will be outside in the Senior Center parking lot with a FREE TOP-YOUR-OWN SUNDAE table and our collection of toys. Please bring a new, unwrapped Christmas Toy/Gift for any age and enjoy an ice cream sundae while helping us, help our families in need! Call for details and watch for flyers!

#### SUMMERTIME BBQ

Starting Friday, June 27th at 1:00 PM – \$8.00 donation requests (this is a Center fundraiser!) We will have great live music, raffles, friends, and great food! Kathie's Clam Chowder, BBQ Chicken, Salads & more! Don't miss out on our summertime fun! Bus is available, always a great time! Please sign up if you plan to attend.



#### • SUMMERTIME BBQ

Friday, July 25th at 1:00 PM – \$8.00 donation requests Great LIVE music with band, raffles, friends, and great food! Hot Dogs, Hamburgers, salads, beans & more! Don't miss out on our summertime fun! Call for details. Bus is available, always a great time!

#### • SUMMERTIME BBQ

Friday, August 22nd at 1:00 PM – \$8.00 donation requests Great LIVE music with band, raffles, friends, and great food! BBQ pork and chicken w/salads, and more! Don't miss out on our summertime fun! Call for details. Bus is available, always a great time! Call #860-848-0422 to sign up.

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# MONTVILLE DEMOCRATS

The Montville Democratic Town Committee is proud to work hard for you, our community, to ensure that Montville is the best it can be!

The Montville Democrats continue to support our senior citizens, veterans, children and residents of our community.

Paid fo by the Montville Democratic Town Committee

#### **HEALTH PROGRAMS**

#### MedRIDE and MedRIDE II

The Town of Montville Department of Senior & Social Services has continued to offer MedRIDE, a FREE transportation for any/all medical appointments for our senior residents. Safety measures are in place, masks must be worn. Doctor appointments, hospital tests & screenings, therapy, pharmacies, dentists, etc. Any medical related appointment. Call Ruthie @ 860-848-0422 for details and to schedule appointments. This program is free for our Montville Seniors; a donation box is located on the van for contributions. This program is supported by the Town of Montville and grant funds from the Eastern Connecticut Area Agency on Aging with Title III funds made available under the Older Americans Act.

MedRIDE II is the same type of medical transportation program though it is a joint effort between the Town of Montville and the City of Norwich. Grant Funds are provided by the State of Connecticut. Driver is located out of the Montville Senior Center. Appointments need to be made by calling the Norwich Senior Center at 889-5960

#### REIKI

Reiki - Energy Healing is offered on Wednesdays, by appointment. Please call to sign up. Reiki is a simple healing technique that is given through gentle touch and energy transfer in a non-invasive manner. Some benefits are: Relaxes and releases tension from the body. Cleanses the body of toxins and supports the immune system. Clears the mind and improves focus. Helps you sleep better and improves your body's self-healing abilities. An ancient approach to overall well-being. This service is provided by our very wonderful Tina Gifford, a certified Reiki instructor.

#### **MEDITATION**

Every Wednesday from 10:00-11:00, join us for a peaceful and health beneficial meditation program. The Meditation Program will include the practice of: Deep Breathing, Aromatherapy, Guided Meditation, Mindful Discussions. Please join us and receive the many health benefits achieved through meditation.

#### MINDFUL DRUMMING

Fridays from 10:15-11:15, This exciting gentle fitness program is designed for older adults that are looking to have a good time getting active. It is a unique program that uses mindful movement through drumming to benefit both the mind and body. It's easy and fun to learn. It assists in cardiovascular and muscle health. It also enhances mood, reduces stress and improves memory. This is done while sitting in a chair utilizing drum sticks and accompanied by uplifting music. Dress comfortable, bring water and be ready to have lots of laughs!!! Instruction will be led by our beautiful and caring Tina Gifford, Certified Instructor.

#### **"SOUND HEALING"**

Wednesday evenings from 5:30PM -6:30PM and Thursday mornings from 10:00AM – 11:00AM. Please join us as Misty, a certified sound healer, guides us through a sound healing meditation that provides a wonderful opportunity for deep healing and relaxation. Sound healing has been scientifically researched and acclaimed as a gentle and effective tool for mind-body wellness. It has been proven to facilitate concentration, relaxation, creativity, and pain management. The benefits can be felt after one session, although there are long term benefits from repeated sessions.

Sound healing benefits:

- reduces stress and anxiety
- lowers blood pressure
- increases circulation and blood flow
- balances both hemispheres of the brain
- increases mental and emotional clarity
- brings deep relaxation and eases pain
- improves quality of sleep
- increases ability to concentrate
- inspires deep meditative states and deepen all spiritual work
- inspires deep meditative states and deepen all spiritual work

Sessions are on-going, you can join at any time! Don't miss this great program!



#### **BETTER HEALTH PROGRAM**

Designed to help those in need feel good, deal with life's changes, depression, addiction, and address other mental health needs. The Better Health Program, provides a licensed clinician (Kendra) to work one-on-one with our residents and we will be beginning our weekly group support services as well. She is also available for telehealth appointments for those not able to come to the Center and/or comfortable coming at this time. Our program is available for seniors at the Center and are under 60 residents in the Social Services Office. This valuable program will be FREE to our Montville residents! This program is made possible with Title III funds under the Older Americans Act from Senior Resources. Call Kathie the Director @ 860-848-0422 for details.

#### **GRIEF SUPPORT GROUP**

Facilitated by UCFS and our Better Health Clinician, we have a once a week Grief Support Group at the Center on Fridays from 3:00 – 4:00 PM. Presently this is done through phone calls / zoom though we hope to be back in person soon! This is a free program. Are you sad or suffering the loss of a loved one? Spouse, child, friend, or pet? Sometimes it is very difficult to deal with such loss. Come and join this confidential and private grief support group and learn coping techniques and ways to help you deal with your loss. Support group is on-going, no need to sign up, just come and join us in the Library at the Center. No need to speak in the group if you are not comfortable, you will still take away ways to cope with loss!

#### **EQUIPMENT PROGRAM**

The Department of Senior and Social Services has medical equipment (i.e. wheel chairs, walkers, shower seats, commodes, etc.) available for our Montville residents on a loan basis. The equipment can be borrowed for any length of time and returned whenever finished. FREE program, a release form must be signed. Call @ #860-848-0422 for details.

#### **MINI-FACIALS**

Facial, every Tuesday by appointment, sign up for your mini-facial and get the treatment of a lifetime! Dori will provide our seniors with the best facial and explain what she does and why, while you relax for this wonderful treatment. Relaxation, stress relief, many physical and mental health benefits are received by facials. Sign ups are on the bulletin board, come and enjoy this beneficial and wonderful treatment with Dori!

#### PODIATRIST

This program will be held at the Montville Senior Center once again. We have a wonderful Podiatrist, Dr. Thomas Walter, come to our Center once a month to perform routine foot care. Not a service normally covered by Medicare unless you are a Diabetic, Dr. Walter will perform routine foot care for a cost less than a regular office visit. Seniors will be let into building during appointment time only, wait time will be outside. This Program is free to Montville seniors. Funding for the program is provided by Title III funds made available through the Area Agency on Aging and the Town of Montville. We ask for a \$10.00 donation request per the Grant, not required for the service. Call Kathie for details and date of next visit.

#### **MASSAGE THERAPY**

Massage Therapy, every Friday (and one Monday a month) by appointment, offers many health benefits (relief from arthritis, circulation, aids in digestion, stress, depression, etc.) Appts are free to Montville seniors. Sign up is first come, first serve – one appt per month per senior as the schedule fills up and we have a waiting list each month. Seniors will be let into building during appointment time only, waiting time will be outside. Don't miss out on this wonderful program. Call to sign up.





For commercial/residential call A. Scalia Lock & Key 860-444-6822

#### ALZHEIMER'S SUPPORT GROUP

Please call for details. We have an Alzheimer's support group here at the Senior Center on the first Friday of every month at 10:00 a.m. Come get the support you need, you do not have to handle issues alone! Confidential.

#### **HOSPICE SUPPORT GROUP**

Please call for details. We have a volunteer from the Hospice Association that comes to facilitate a Hospice support group and activities. Please call the Center for next date and time. Confidential.

#### CERTIFIED CHOICES COUNSELOR PROGRAM

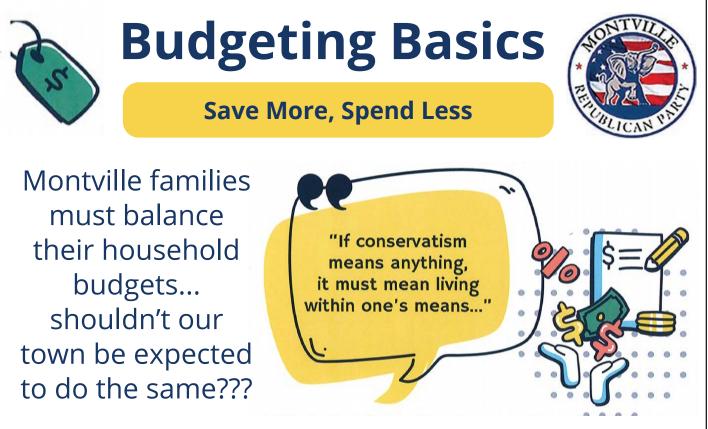
Offered by appointment, we have a Certified Choices Counselor who offers assistance to those in need on Medicare, Supplemental Plans / Medigaps, Medicare Part D, Medicaid, & more. Also, Benefits checks to see what/all of the state/ federal programs you might qualify for. Information on your current income is needed. This is done with confidentiality and privacy for you! Make your appointment today! Call #860-848-0422.

#### APPLICATION ASSISTANCE

There are many programs and services available to our elderly population. Some are local, some State, and some Federal. Many times, the applications for these programs and/or services can be quite lengthy and challenging for our seniors. If you need help in filling out these applications or you have questions on what service is available for you, please call the Senior Center to make an appointment. Let's sit down and go over help, services & programs that might be available to you.

#### **RENTER'S REBATE PROGRAM**

For our seniors and disabled residents that have rented in Connecticut during the 2024 calendar year, you may qualify for the State Renter's Rebate Program. We will begin taking applications in May and the Program runs until the end of September. For details, income guidelines, required documents, please contact Kathie at the Center! #860-848-0422. For those seniors and disabled residents that are homebound, our Social Services Specialist Jenniffer Adams, can come to the home to complete the application. She can be reached at #860-848-8820.



Paid for by Montville Republican Town Committee, Wills Pike, Treasurer

#### **EXERCISE PROGRAMS**

#### LINE DANCING

We have line dancing on Mondays from 9:15 AM – 10:15 AM Line Dancing Class. Classes are ongoing, you can join at any time! FREE - Come get or stay in shape and healthy! Dancing is a fun way to get physical exercise along with mental exercise by remembering steps/routines as well as having fun and being with friends! Enjoy - Wear comfortable clothing/sneakers, and have some fun!

#### STRENGTH TRAINING Every Thursdays from 2:00 – 3:00 PM

Strength training increases muscle mass and also strengthens your bones, helps with weight management, provides relief from arthritis pain, lowers risk of injury, and improves cardiac health. You will be safely guided, by an ACE certified personal trainer, through a variety of exercise designed to increase muscular strength, range of motion, and flexibility required for everyday living at its best." No need to sign up; just wear comfortable clothing and sneakers and come on down and take charge of your health.

#### HEALTHY STRETCH Every Monday 10:30 AM

"As we age our muscles become shorter and lose their elasticity. Aging can affect the structure of our bones and muscles causing pain and decreased range of motion in the shoulders, spine, and hips. Stretching is an excellent way to help relieve pain, increase flexibility, and increase range of motion to enhance our everyday life. Class is for anyone seeking to achieve the many benefits of stretching." Please wear comfortable clothing and sneakers to participate in class.



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#### **TAI CHI**

We have Tai Chi classes at the Senior Center on Tuesdays at 2:45. Tai Chi is a slow paced, low impact martial art exercise. This beautiful form of exercise offers both physical and mental benefits for over-all well-being. Please wear comfortable clothing and foot-ware. Classes are free.

#### LINE & COUNTRY DANCING

Come on Wednesday afternoon from 1:15 PM – 2:15 PM and enjoy some exercise with country and line dancing while having fun dancing! Free, wearing comfortable clothing.

#### **OTHER FUN STUFF**

#### **BUCK-A-BOWL LUNCHEON**

We offer a daily lunch, Monday – Friday from 11:00 – 12:30. Lunches are delicious, healthy portions, semi and homemade and great for our seniors on the go! Our Buck-a-Bowl Lunch Program is very successful and very popular. We ask for a \$1.00 donation. (Requested, not required though the donation helps with kitchen supplies) No need to register or sign up early for lunch, just come in during the lunchtime period. Sponsored by the Montville Senior Center, great way to interact with friends while enjoying a delicious lunch prepared by Chef Tom. Come on down and have lunch with us! The Montville Senior Center/ Chef Tom is Food Safety Certified and Licensed by Uncas Health District.

#### PAINTING CLASSES

We offer three painting classes at the Senior Center. Mondays from 10:00 – 12:00 noon and Thursdays, two sessions: 10:00 – 12:00 noon and 12:30 – 2:30 p.m. Even if you have never picked up a paintbrush before – come on down. Come on down and get your name on the list, classes fill up fast, limited to eight people per class. You will love to learn and learn to love painting! As all of our programs, the instructors do get paid). There is a supply cost for painting classes of \$15 every six weeks (which covers canvases, paints, brushes, etc.)

#### **DRAWING CLASSES**

Drawing classes are offered at the Center on Wednesdays. Two sessions to choose from: 10:00 – 12:00 noon or 12:30 – 2:30 p.m. Come and learn techniques and develop your skills. Our Art classes are a great deal of fun. No experience necessary. As all classes, instruction is free and a supply charge every six weeks of \$10 is requested.

#### ZENTANGLE

Zentangle classes are offered every Tuesday from 2:00-4:00pm Zentangle is an easy to learn method of creating beautiful images from repetitive patterns. Learn to relax (the "ZEN" part) while creating beautiful, repetitive, design work (the "TANGLE" part). You will learn a variety of "tangles" (patterns) and combine them in your own unique way. IT's easy to learn, and the best part is that you don't need to have any drawing skills to do this! Each intricate design is broken down in easy to follow steps that guarantee a successful and unique piece.

#### **COMPUTER CLASSES**

Computer Classes are offered on Mondays 10:00 AM - 11:00 AM and 11:00 AM - Noon and Tuesdays 10:00 AM - 11:00 AM and 11:00 AM-12:00 Noon. Watch for details. Our instructor Deb is wonderful and offers a variety of classes; classes run on a continual basis. Classes will include Beginners, Word, Excel, Internet, Photo, Free Forum, etc. Please stop in and see Deb if there is a specific program you are interested in. The Computer room is open and available at all other times and days that our Center is open for senior residents to come in and utilize and enjoy!

# EVENING PROGRAMS

#### SOUND HEALING

Wednesday evenings from 5:30-6:30 PM Must be 60+ and must register in front office during day time hours. "Sound healing has been scientifically researched and acclaimed as a gentle and effective tool for mind-body wellness." Please see daytime description of program! You are welcome to attend and enjoy both day and evening classes!

#### ZUMBA GOLD EVENING CLASS

Wednesday Class is from 5:00 – 6:00 PM. must be 60+ to participate, please register in front office during regular office hours – wear comfortable clothing and sneakers and have some fun! Come and join us for a new exercise program – ZUMBA GOLD Evening Class– specifically designed for senior citizens. Zumba Gold is the lower impact, easy-to-follow, Latin-inspired dance fitness class that will help keep you healthy while having lots of fun!

#### **DINNER & A MOVIE**

Once a month on a late afternoon- FRIDAYS, we offer Dinner & A Movie at the Center. Great way to spend an early Friday evening, 3:00 – 5:00 p.m. Socialize with friends, have a great meal and enjoy a movie. \$5.00 donation request. Free door prize as well! Call for details of the month's dinner and movie choice (last months was stuffed chicken breast and the movie was Maverick – great time by all! Call #860-848-0422 to sign up and have some fun with us! We also do a monthly door prize!

#### MONTVILLE COMMISSION ON AGING

Kathleen Doherty-Peck, Chairperson Deb Suarez, Secretary Karen Perkins, Member Lyndsey O'Brien, Member Lou Ziegler, Member Mary Adams, Member Irene Taylor, Member Billy Caron, Town Council Liaison Lt. Radford, Police Liaison

#### SOCIAL SERVICES PROGRAMS

#### Office Hours: Monday – Friday From 8:30 – 3:00

The Social Services Office is dedicated to supporting the individuals, families, and seniors of our Town in need. We work hard to ensure we are doing all we can to help our Montville residents facing difficult situations and hard times and providing immediate assistance and crisis intervention. We strongly enforce the privacy and confidentiality of our clients.

#### **MENTAL HEALTH & SUPPORT SERVICES**

We are expanding our Mental Health Services to include a variety of support groups and one-onone session, by appointment. Clients (18 years of age and up) can come and speak with our licensed clinician from UCFS, and work on any issues they might need help with. A great program, FREE to our Montville residents, our Mental Health Services are very much in need and the goal of our office it to help as many residents as we can at no cost to them. Please call the Director Kathie Peck for details of these new services and to set up an appointment. #860-848-0422

#### **VETERANS SPECIAL FUND**

Our Veterans Special Fund is designed to give assistance and help with "life necessities", crisis and difficulties that may arise to any of our Montville Veterans. Our Veterans Special Fund runs on donations and is available for those in need. If you are a Veteran and are in need of assistance, please call Kathie @ #860-848-422. We are holding our hold our Annual Veteran Fundraiser on Saturday, October 25th Outdoor live music and food trucks, raffles, games for kids and more. Watch for details!

#### MONTVILLE SOCIAL SERVICES JOB BANK

If you are unemployed or underemployed, call and register with our Social Services Office for our "JOB BANK" program. We are often notified from companies and the CT Job Center on available positions opening up in the general area. Call for details and up-to-date positions. #860-848-0422

#### SUMMER TIME UTILITY ASSISTANCE

The Senior & Social Services Offices partner with Operation Fuel to be able to offer a Summer Utility Assistance Program for those that qualify. Please call for details and appointments. All income/assets from current year are needed. Please do not miss out on these programs, call to see if you qualify and/or to make an appointment!

#### COMMODITY SUPPLEMENTAL FOOD PROGRAM FOR SENIORS

If you are a senior in the Town of Montville, you may qualify for this great program! Once a month the Food Center will deliver a box of food filled with great staples (juice, cereal, pasta, powdered milk, & much more) along with a block of cheese to the Montville Food Bank for distribution. You must fill out an application (myself and staff can help) Redetermination is annual – food boxes are distributed monthly! If interested in this great new program, please call Jen @860-848-8820.



#### FOOD BANK

The Department of Senior & Social Services has a fully stocked Food Bank, offering many regular food pantry staples along with fresh produce, dairy, breads, desserts, frozen meats & more. Presently we are providing this service outdoors in front of the Montville Senior Center though hope to be back into a Social Services Building soon and be open Monday – Friday from 8:30 – 3:00 p.m. You are welcome to come on a weekly basis to supplement your food needs. We also provide emergency services. Call #860-848-0422 or #860-848-8820!

#### **CLOTHING BANK**

Do you need clothes for every day wear? Come to the Montville Senior & Social Services Clothing Bank. We have a seasonally stocked clothing bank located in the Social Services Building. We have everything from men's, women's, and children's clothing to baby's clothes available. Walk-ins welcome Monday – Friday from 8:30 – 3:00 p.m.



#### **HYGIENE BANK**

The Department of Senior & Social Services has a hygiene bank available to help those in need. Soap, shampoo, toothpaste, toilet tissue is just a few of the items we have regularly in stock to help our needy individuals and families in town. Our Hygiene Bank is located in the Social Services Building – please call for details.

#### **INTERVIEW ATTIRE PROGRAM**

Presenting yourself in the appropriate attire can mean the difference between getting the job and not getting the job. Please call about our Interview Attire Program and we will try to put together some options from our clothing closet that will be appropriate to make your first impression a good one! "You never get a second chance to make a first impression!" Jen will help you to make sure you put your best foot forward and hopefully the opportunity of landing that job! If you would like to donate to this program, please bring items to the Social Services Building.

#### FREE BACK TO SCHOOL **BACK-PACK PROGRAM**

The Social Services Office will supply a Backpack filled with all of the items needed for a Montville child to return to school prepared and ready to go! Backpacks will have age appropriate items: paper, pens, crayons, rulers, notepads, etc. If you have a child / children and would like some help with a Backpack and items needed to start the school year off right, please call the office to sign up. #860-848-8820 Please give ages, gender of children in need of Backpack. If you would like to donate items, please drop off at Senior Center. Last day to sign up is August 15th. Backpacks will be distributed during the week of August 25th - August 29th . Please call for details and to sign up.



**APPLICATION & REFERRAL ASSISTANCE** 

The Department of Senior & Social Services offers application and/or referral assistance for many State and Federal & local Programs. Some applications can be confusing and intimidating. Let us help you. We can help you fill out the application, gather info needed to accompany application. Many programs are available for our residents in need, call for an appt and let us help you. Any questions or for more information, please call for appt. #860-848-8820.



Proud Sponsors of Montville Youth Service Bureau





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#### MONTVILLE YOUTH SERVICE BUREAU LLEYOUTH. ORG



#### VISIT US:

836 Old Colchester Road Oakdale, CT 06370 Across the street from Montville High School

OFFICE HOURS:

Monday-Friday 8:00 AM TO 4:30 PM After School Program Hours- 2:00 PM TO 6:00 PM Summer Center Hours- Tuesday, Wednesday, & Thursday 8:00 AM- 5:30 PM

CALL US:

Phone: 860-848-7724 Fax: 860-848-4058





Hello Montville. Welcome Summer 2025! Please take a peek in our section to learn more about what MYSB has available for you, your family, & our community this summer! We work hard to enhance & improve our existing programs, so we can develop & implement intentional and impactful programs & services. We commit to improve our good works, and to close service gaps by expanding our community education & awareness efforts. Our Mental Health Campaign "You Good, Bro? has really captured the attention of folks of all ages and we have brought the importance of this message across the state of CT. on billboards and public transportation buses! We even secured a spot on Channel 3's "Great Day" talk show. Search WFSB.com to watch our interview! Please give us a call anytime 860-848-6747, or 860-848-7724; LIKE us on Facebook & Follow us on Instagram to catch up on all the happenings at MYSB! We love visitors, so stop by anytime to learn more about our programs, services, and resources in person! You can also visit www.ctyouthservices.org to learn more about the 104 YSBs thriving in over 145 communities across the State of Connecticut!

Have a safe, sunny, & sensational summer!

Barbara



**Barbara Lockhart, MS** Director **Kimberly Grant, MS Program Developer Dianne Peltier**, AS **Administrative Assistant** Darin D'Amaddio, LSCW Hannah D'Amaddio, BS, Audrey Foster, AS Ian McKissick, BSW, Michelle Wisniewski, BA **Program Assistants** 



# **Mission Statement**

The Montville Youth Service Bureau is committed to addressing the identified needs of the youth and families in the Montville Community. Our goal is to enrich the social, recreational, cultural, and educational experiences of youth, while providing opportunities for positive social, educational and emotional skills development. We will achieve this through positive program development, implementation of support networks, diversion efforts, regular needs assessment, appropriate prevention and intervention services, and coordinated planning and advocacy. Our agency goals are to make a lasting impact through intentional work and action and evidence-based approaches within a restorative practice's framework.

# Vision Statement

MYSB is dedicated to achieving positive outcomes for the children. youth and families in the community, while still promoting overall community health. We will pursue our objectives and accomplish our goals through positive programming, prevention initiatives, mental health services, and collaboration & partnerships within the community. Our intentional work in diversion programs and the implementation of evidence-based programs & methods of practice continues to our primary goal. Montville Youth Services Bureau was established in 1989 per a Montville Town Council Resolution. Youth Service Bureaus are funded by some state dollars with a one cost sharing grant (which requires a municipal cash or in-kind match), one enhancement grant (no match required), and one supplemental grant (also no match required). The State Department of Children & Families holds the funding contract for all 104 YSB's in the State of Connecticut. The Connecticut Youth Services Association leads, strengthens and supports a unified network of Youth Service Bureaus dedicated to promoting the well-being of Connecticut's children, youth and families. www.ctyouthservices.org



Dan Dunn- Chair Dan Boisvert- Vice Chair Officer Karen Aleshire William Carlos Vouise Fonville Brianne Messer Micah Messer Susan Rickards Timothy Shanahan- BOE Liaison Loretta Drain- DCF Representative Josie English- Youth Liaison Adam Sheridan- Youth Liaison Nick Sabilia- Town Council Liaison

#### ADVISORY BOARD MEETINGS

Advisory Board meetings are held the second Thursday of each month (with the exception of January, February, July & August) Meetings are located at the Fair Oaks Building in room 111 at 6:00 pm & are open to the public.

Next Meeting is Thursday, September 11th

If you are interested in being part of the Advisory Board, please contact Barbara.

# ........

HiRE-A-TEEN

Hire-A-Teen is a job placement program that matches youth and residents who need assistance with tasks such as, yard work, housework, babysitting, mother's helper, elderly help, snow shoveling & pet sitting. Applications for employers must be filled out and dropped off in person, please bring a photo id with you when you return your paperwork. Paperwork for youth can be picked up and returned to the Montville Community Center Monday-Friday until 4:30 pm. Contact Dianne 860-848-6747 or Dianne@montvilleyouth.org



It's always great when a local business supports our youth! Thanks to Lathrop Vending, Inc.

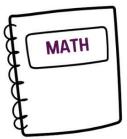


## **MONTVILLE YOUTH IN GRADES 4-12**



MONDAY-FRIDAY AFTER SCHOOL UNTIL 6:00 PM OPEN HALF DAYS UNTIL 5:30 PM

Youth are provided with social, recreational, and educational activities. Staff, interns & volunteers provide homework assistance, mentoring & are positive role models!



Total Cost for entire year \$100 deposit due at sign-up Cash/check/money order only.

# oney order only. When NEW REGISTRATION BEGINS JUNE 23RD

Building healthy friendships Social and Recreational Activities Homework Assistance Leadership Development Community Service Opportunities Mentoring

All team members are well educated, well rounded, patient, kind and most of all fun! Team members are also trained in Youth Mental Health First Aid and QPR/Narcan.



"Be around people that are good to your soul!"



# SUMMER CENTER 2025 JUNE 24TH- AUGUST 14TH

#### Tuesday-Wednesday-Thursday from 8:00 am to 5:30 pm

Total Cost for 8 weeks:

# Registration Monday, May 12th at 8:00 am @ Fair Oaks Community Center

CASH, CHECK or MONEY ORDER ONLY!

\$250 non-refundable deposit due at time of registration. Balance due no later than Tuesday, June 25th.



# WHAT TO EXPECT AT SUMMER CENTER

Field Trips, Art Projects, Hydration Station Outdoor Water Games, Survivor Week Building friendships and so much more!





PARENT/TODDLER PLAYGR

IMMUM

## Tuesdays & Fridays at Fair Oaks 10:00 am to 11:30 am

Playgroup will return on Tuesday, September 9th. MYSB sponsors a weekly parent toddler playgroup to help enhance social skill development. This program is open to all families, residents & nonresidents and is FREE! Registration is requested, and may be completed your first day! Birth to five year olds and their parents, grandparents, aunts, uncles & babysitters! We provide an introduction to creative & educational stimulation through free play, as well as fun themed events throughout the year!

# COUNSELING & REFERRALS Youth & Family Counseling

Confidential counseling is available to Montville youth & families on a family income adjusted fee scale. Our counselors focus on personal needs and concerns, and the dynamics of relationships between parents and children, siblings and peers. In addition, we offer resources and support to parents, children and all family members. We also coordinate referrals for families and individuals who may require other services we are unable to provide.

Contact Barbara, 860-848-6745 or Darin, 860-848-6748 for more information.

# ubstance Use Disorder Addiction Focused Counseling Services

The Town of Montville is pleased to announce a partnership with BlueSky Wellness, LLC a highly professional, locally owned and operated outpatient behavioral health practice. Owner, Brian Tessier, LCSW and his dedicated team are offering virtual appointments (in person appointments coming soon) at NO COST to you.

This critical service was made possible through Federal Opioid Funds to specifically serve Montville residents. Please call us to learn more about this exciting new program and how we can help!

## TO LEARN MORE ABOUT BLUESKY WELLNESS VISIT WWW.BSW-CT.COM CALL US FOR MORE INFORMATION 860-848-7724.

# **YOUTH ACTION COUNCIL**

The Montville Youth Action Council is for Montville Youth who are interested in making a difference in their community. Our mission is to develop and promote responsibility, cultivate leadership skills, develop an interest in community and foster empowerment and positive social development through active participation. This includes the formation, coordination, and delivery of community services projects and initiatives, as well as social and recreational activities. Montville YAC meets regularly throughout the school year at the Fair Oaks Building across from Montville High School. Follow us on Social Media (Facebook & Instagram) for information on meetings and how you can be part of YAC.



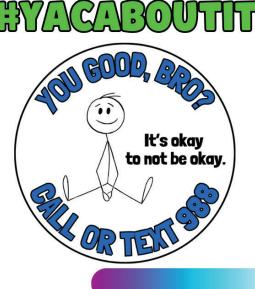
#### **3 WAYS TO SUPPORT THE "YOU GOOD BRO?" CAMPAIGN** *Mental Health Initiatives* All money raised will be donated to

CABLE (Connecticut Alliance to Benefit Law Enforcement). Patches are \$10 cash/check or \$11 through Venmo, while supplies last! T-shirts are pre-order and cost \$20 (cash/check only) Yard Signs are free (1 or 2 sided)









Look for our campaign on the back of SEAT buses, digital billboards on 191 and 184 and also on WFSB's Great Day





#### MYSB partners with local agencies to provide the Montville community with resources & education.



